

Copper Level

Name of Gymnast(s)

Routine (circle one)

Ball Clubs Hoop

Rope Ribbon Floor

Type (circle one)

Individual Duet

Trio Group

Body Skills

#	Symbol	Skills	Comment	Score
1				/3
2				/3
3				/3
4				/3

Execution and Apparatus

Total: /12

#	Skills	Comment	Score
5	Body Alignment/Grace		/2
6	Skills Match Level		/2
7	Overall Routine Flow		/2
8	Rhythm with Music		/2
9	Expression in the Movements		/2
10	Confidence		/2
11	Remembered Routine		/2
12	Flexibility during Skills		/2
13	Handling of the Apparatus		/2
14	Showmanship		/2
15	Tosses and catches		/2
16	Pointed toes and straight legs		/1

Scoring Guide (1-4)

3 points: Perfect!
 2 points: Pretty good
 1 point: Needs work
 0 points: Didn't occur

Scoring Guide (5-15)

2 points: Good!
 1 point: Needs work
 0 points: Didn't occur

Total: /23

Body Skills

Exec. & Appar.

Total

+

x 2

/70