

FEBRUARY 2016 USAIGC MEMBERSHIP NEWS LETTER

Dear USAIGC & IAIGC Club Members,

Our USAIGC **MANDATORY CLUB BACKGROUND CHECK** is **OVER** **except for new members.** Our Club Directory Page now shows each Clubs background **expiration date.** The USAIGC is giving notice to those few Clubs who have not met our mandatory requirement. All USAIGC Competition Directors will scratch their USAIGC Gymnasts from their USAIGC Sanctioned Competitions. **Competition Directors are responsible for checking** the Clubs attending their sanctioned competition for their valid background check and current Club Membership. **If a Club Membership has lapsed, or the background check has expired the Club and Gymnasts may not participate in the sanctioned USAIGC competition or event.**

**LAST CALL! A COMPETITION OF A LIFETIME!
AN EXPERIENCE OF A LIFETIME! A DEAL OF THE LIFETIME!
The US Dollar is at an ALL TIME high against the South African Rand!**

2nd SOUTH AFRICAN INTERNATIONAL CHALLENGE

http://usaigc.com/South_African_Gymnastic_Challenge.cfm

April 12-19, 2016 - OPEN to all USAIGC/IAIGC Gymnasts, Coaches, Club Owners & Parents.

Altered Schedule

Depart: Monday April 11. **Arrive** Tuesday April 12

April 13 Wednesday & April 14 Thursday Training and Sightseeing

April 15 Friday **Competition 1 - All Around**

April 16 Saturday **Competition 2 - Individual Event Finals**

April 17 Sunday Sightseeing,

April 18 Monday Depart South Africa Arrive USA on the same day!

Deadline Date: February 10, 2016.

NEEDED: Send USAIGC Office: Gymnast's Full Name, DOB, Competition Level and Club Information. Gymnasts: Jacket, Shorts & Leo Sizes.

Our Gymnasts compete together as a USAIGC Team!

All USAIGC & IAIGC Coaches are welcome to attend.

USAIGC Head Coach: Duke Nelligan, Asst. Yury Tsykun responsible for conducting Training sessions, Competition order, and Competition.

Club Coaches will actively participate in the training and competition.

Competition Site: Centurion Gymnasts, SA. 40,000 square feet!

Gymnasts Party: after the final day of competition.

Approximate Costs: Airfare: \$1,200.00 Hotel (last year) \$100.00 per night (4 gymnasts per room = \$25.00 per night per gymnast) including breakfast or if we stay at the hotel hooked up to the large outdoor Mall \$125-\$150.00 per night (divided by number of gymnasts per room).

Sightseeing and Transportation costs: about \$500.00 per person.

FYI: South Africa is very **inexpensive**. OUR \$ is VERY STRONG AGAINST THE RAND.

USAIGC HIGH SCHOOL INVITATIONAL - DIFFERENT & SPECIAL

Entry Form & Information:

http://usaigc.com/competition_high_school_nationals.cfm

SUNDAY MARCH 20

Elite Gymnastics & Dance, Amityville, NY 11701

This is an **age specific and a multi level** competition **ONLY** for **High School Aged Gymnasts**. USAIGC Clubs create a "**High School CLUB Gymnastics Team**" comprised of gymnasts on any USAIGC **Competitive level** (Copper-Premier). **Team Scoring:** Highest individual event score(s) regardless of competitive level. **It's all about execution!!!** A Very Special Team Award is given to each competitor and a Club Banner to each High School Team

USAIGC INDIVIDUAL EVENT COMPETITION

APRIL 23 & 24, 2016 New Image Gymnastics, Edgewood, NY 11754

http://usaigc.com/competition_individual.cfm

This Competition allows our gymnasts the opportunity to **compete on:** (a) up to 2 events on their next competitive level (b) their primary level **PLUS 2** events on their next level up (c) their primary level. **The USAIGC does not have mandatory move-out "scores" except for Copper 1 into Copper 2.** Our Coaches make the decision on when to move their gymnasts up a level. All of the scores in this competition count for the State & Regional AA and Individual Event Championships.

USAIGC / IAIGC 5th EVENT - TUMBLING

<http://usaigc.com/FifthEvent.cfm>

Chair: Jeff Sabol sabolscience@gmail.com

Gym-Nation now has the Tumble-Track, **Apex Athletics, February 7.** Our Tumbling Program consists of **FIVE TUMBLING LEVELS and**

includes Judging & Scoring Rules. Curriculum information will be posted on our **5th Event Education Page** at the conclusion of the testing period. Our Tumbling Chair will make any necessary changes based on recommendations for these Clubs testing our Air-Track. .

Air-Track Schedule:

First Class Gymnastics, PA-March 7, Delco Gymnastics, PA April 7, Gym Starz, PA – May 7, Vernon Lee Gymnastics Academy, CA – June 7, Orlando Florida World Championship.

Schedule may be altered for shipping

USAIGC/IAIGC SPECIAL CLUB PRICING FOR AIRTRACK

Model: 403-517 Air-Track P2 8" X 39' X 6.5'

Selling For: **\$5885.00 - \$500.00 Special USAIGC discount** and Free Shipping. **USAIGC CLUB OWNERS COST:** \$5385.00 Plus tax \$430.80

USAIGC CLUB TOTAL \$ 5815.80. Info is posted on our Website STORE

USAIGC/IAIGC WARRIOR PROGRAM

Our main Goal is to get the Warrior Class program up and running by September or SOONER. The “pieces of a warrior” class program is coming together. USAIGC Club Members have begun to develop Warrior Class curriculums with the description of elements, obstacles and pictures allowing us to identify USAIGC Warrior obstacles and create a USAIGC Warrior Club Owners Manual.

FYI: Clubs do not need to have the same equipment nor have the same competitive class challenges. Warrior equipment will depend on space available, class numbers and instructors. The fun of a Warriors Competitive Program is the different obstacle(s) each club can have in their Club and at a competition. Variety eliminates boredom.

We are building this program collectively together with interested USAIGC Club Owners. We will move from the Class Program, to Intra-Club Competitions to USAIGC Sanctioned Competitions.

FOURTH WARRIOR MEETING: NEW IMAGE GYMNASTICS.

Date: Wednesday February 17, 2016

Time: Noon

Site: New Image Gymnastics – 111 Wilshire Blvd., Edgewood, NY 11717

A mid-week, mid-afternoon meeting allowing interested Club Owners & Warrior Coaches to attend. We have a number of Clubs from New To PA

creating some interesting Class Programs. All invited.
Please RSVP paul.spadaro@usaigc.com

The USAIGC/IAIGC's main function is to promote our USAIGC/IAIGC Clubs, our Sport(s), our Competitive Philosophy, our Class Education Programs and the Educational and Fitness values of our programs. It starts with an **early childhood education** program.

Our Warrior Committee, along with our Chair & Co-Chair will: identify each obstacle and establish, how to successfully complete the obstacle, safety, instructors education, class size, ages, boys, girls, co-ed, length of class, age groupings, cost, etc. We have begun identifying "Warrior Categories": Balance Challenges, Climbing Structures, Floor Obstacles, Wall Challenges, Swinging Structures, Traversing Structures, Balance, Bouncing, Jumping Skills, Climbing, Gymnastics Skills, Fitness & Conditioning Skills.

COMPETITION DIRECTORS please make sure I receive the Officials Verification Form, scores in a PDF file and our educational fees.
Thank you.

INTERNATIONAL COACHES EDUCATION

Education is an on-going process for Business, Class Instructors, Coaches, and General Staff, etc., whether it's in-house or at specific clinics, education of your staff is critical to the growth, development and success of your business.

The USAIGC has put together: **USAIGC/IAIGC Education Committee Chaired by Duke Nelligan**; long time Coach of the University of Maryland. **Daniel Miranda**, South American Elite Coach at NYC Elite who is working on a computer Video based on our Competitive Competition Level Requirements. **Byron Knox**: Head Coach University of Bridgeport, Six Time Consecutive Collegiate NCAA Division 2 National Champions, **Yury Tsykun**: Russian Elite Coach – now part time American Actor **Dr. Jerry George**, LA: the "father of Bio-Mechanics" **Tony Retrosi**, NH Elite Coach, Club Owner & Coaches Education Lecturer.

We also have a group of USAIGC/IAIGC Coaches:

Tony Clarno & Soda Persi, CA, Tim Rajkumar, NJ, and Ed Konopa, NY **Internationally:** UK, South Africa, Canada **and our newest member** whose proper name is: **Arun Kumar Jayan:** IAIGC India Director will provide our Association Coaches Video's and plans to help jump-start our Educational Program.

THE TIME HAS COME for the USAIGC/IAIGC to DEVELOP A WORLDWIDE COACHING PROGRAM to benefit our Coaches and gymnasts. It is my intention to pull together the outstanding resources we have within and outside our gymnastic family to develop **an IAIGC International Coaches Education Program.**

Duke is constructing a clinic during the Spring break. The Clinic will be the springboard for the IAIGC/USAIGC International Coaches Education Program. It's time WE support our Coaches with meaningful educational programs based on the USAIGC/IAIGC Competitive Program AND let's not leave out our CLASS INSTRUCTORS who are the backbone to any Gymnastic Club.

Regards, Paul